### **IANDS SPRING SYMPOSIUM 2022**

February 11-13

What NDEs and
Related Experiences
Reveal About the
Relationship Between
Mind and Brain



In collaboration with:



Is the human mind a product of the brain, or is mind essentially independent of the brain although closely associated with it during physical existence?

Several phenomena point to an answer to this question, including psi phenomena, near-death experiences, shared-death experiences, terminal lucidity, after-death communication, mediumship, and past-life memories. Each of these phenomena has been extensively researched.

What if you could hear a foremost leading researcher on each phenomenon "cut to the chase" with a concise summary of what research has revealed, and hear practitioners share direct experiences that illustrate the findings from that research? That is exactly what you will be able to do at this Symposium!

In the first two half days, you'll hear empirical evidence pertaining to the mind-brain question. In the third and final half day, you'll hear from practitioners discussing their experiences pertaining to that question.

Please see below for specifics about schedule, speakers, and topics, and please join us for this summit of experts sharing the essence of their years of research and practice to illuminate the relationship between mind and brain.

**REGISTER HERE** 

### **2022 IANDS Spring Symposium**

### What NDEs and Related Experiences Reveal About the Relationship Between Mind and Brain

Day 1: Friday, February 11—Empirical Foundations

PST	MST	CST	EST	TOPIC/PRESENTERS/PANELISTS/MODERATORS
8:00	9:00	10:00	11:00	Jan Holden, EdD, LPC-S, ACMHP
am	am	am	am	Introduction
	<b></b>	<u> </u>	<u> </u>	(10 minutes)
				Bernardo Kastrup, PhD
8:10	9:10	10:10	11:10	Current Philosophical Positions Regarding the Mind/Brain
am	am	am	am	Relationship
				(30-35 minute presentation; 10-15 minute Q&A)
8:55	9:55	10:55	11:55	Marjorie Woollacott, PhD
am	am	am	am	The Neurophysiology of the Mind-Brain Question
				(30-35 minute presentation; 10-15 minute Q&A)
9:40 am	10:40 am	11:40 am	12:40 pm	***20-minute Break***
				Charles Tart, PhD
10:00	11:00	12:00	1:00	Psi Phenomena ("The Big Five") and the Mind/Brain Question
am	am	pm	pm	(45 minute pre-recorded interview by Jan Holden)
				(12.11.11.11.11.11.11.11.11.11.11.11.11.1
				Bruce Greyson, MD
10:45	11:45	12:45	1:45	Apparently Non-Physical Veridical Perception in Near-Death
am	am	pm	pm	Experiences and the Mind/Brain Question
				(30-35 minute presentation; 10-15 minute Q&A)
11:30	12:30	1:30	2:30	***20-minute Break***
am	pm	pm	pm	20-mildte Break
44.50	40.50	4.50	0-50	Michael Nahm, PhD
11:50 am	12:50	1:50	2:50 pm	Terminal/Paradoxical Lucidity and the Mind/Brain Question
am	pm	pm	Pili	(30-35 minute presentation; 10-15 minute Q&A)
				William Peters, MEd, MFT
12:35	1:35	2:35	3:35	Shared-Death Experiences and the Mind/Brain Question
pm	pm	pm	pm	(30-35 minute presentation; 10-15 minute Q&A)
				Jan Holden, EdD, LPC-S, ACMHP
1:20	2:20	3:20	4:20	Closing Remarks and Adjournment
pm	pm	pm	pm	(10 minutes)
1:30	2:30	3:30	4:30	
pm	pm	pm	pm	Adjourn

#### **2022 IANDS Spring Symposium**

## What NDEs and Related Experiences Reveal About the Relationship Between Mind and Brain

Day 2: Saturday, February 12—Empirical Foundations II

PST	MST	CST	EST	TOPIC/PRESENTERS/PANELISTS/MODERATORS
8:00	9:00	10:00	11:00	Jan Holden, EdD, LPC-S, ACMHP
am	am	am	am	Introduction to Day 2
	<b></b>	<b>G.</b>	<b>G.</b> 11	(10 minutes)
	0-40	40-40	44-40	Callum Cooper, PhD, FHEA, CPsychol, PGCAP
8:10	9:10 am	10:10 am	11:10 am	Veridical After-Death Communication and the Mind/Brain Question
am	am	aiii	aiii	(30-35 minute presentation; 10-15 minute Q&A)
				Julie Beischel, PhD
8:55	9:55	10:55	11:55	Evidential Mediumship and the Mind/Brain Question
am	am	am	am	(30-35 minute presentation; 10-15 minute Q&A)
0.40	40.40	44.40	40.40	
9:40 am	10:40 am	11:40 am	12:40 pm	***20 min Break***
	<b></b>	<b></b>	<b>P</b>	
10:00	11:00	12:00	1:00	Jim Tucker, MD
am	am	pm	pm	Past Life Memories, Reincarnation, and the Mind/Brain Question
				(30-35 minute presentation; 10-15 minute Q&A)
				Robert G. Mays, BSc & Suzanne B. Mays, AAS, CMP
10:45	11:45	12:45	1:45	NDE Evidence of the Localized, Individuated Mind Entity and its
am	am	pm	pm	Relationship to the Brain
				(30-35 minute presentation; 10-15 minute Q&A)
11:30	12:30	1:30	2:30	***20 min Break***
am	pm	pm	pm	20 min bleak
				All Participants
11:50	12:50	1:50	2:50	Panel Discussion: Summary and Implications Darren
am	pm	pm	pm	McEnaney, Moderator
				(40 minute discussion; 20 minute Q&A)
	4.50	0-50	0-50	Jan Holden, EdD, LPC-S, ACMHP
12:50 pm	1:50 pm	2:50 pm	3:50 pm	Closing Remarks and Adjournment
Pill	Pill	Pili	Pili	(10 minutes)
1:00	2:00	3:00	4:00	A -11:
pm	pm	pm	pm	Adjourn

### **2022 IANDS Spring Symposium**

## What NDEs and Related Experiences Reveal About the Relationship Between Mind and Brain

Day 3: Sunday, February 13 - Experiencers and Practitioners

PST	MST	CST	EST	TOPIC/PRESENTERS/PANELISTS/MODERATORS
8:00	9:00	10:00	11:00	Jan Holden, EdD, LPC-S, ACMHP
am	am	am	am	Introduction to Day 3
	<b></b>			(10 minutes)
				Eben Alexander, MD; Tony Cicoria, MD; & Bettina Peyton, MD
8:10	9:10	10:10	11:10	Three Physicians' Transformative Near-Death Experiences
am	am	am	am	and the Mind/Brain Question Darren McEnaney, Moderator
				(20 minutes each; 10 minute panel; 10 minute Q&A)
9:30 am	10:30 am	11:30 am	12:30 pm	***15-minute Break***
				Suzanne Giesemann
9:45	10:45	11:45	12:45	Evidential Mediumship and the Mind/Brain Question
am	am	am	pm	(45 min presentation; 15 min Q&A)
				Graham Maxey, MDiv, MA, LPC;
				Noelle St. Germain-Sehr, PhD, LPC-S, ACMHP;
10:45	11:45	12:45	1:45	& Jan Holden, EdD, LPC-S, ACMHP
am	am	pm	pm	Induced After-Death Communication Therapy
				and the Mind/Brain Question
				(30-35 minute presentation; 10-15 minute Q&A)
11:45 am	12:45 pm	1:45 pm	2:45 pm	***20-minute Break***
				Luis Minero & Jurgen Ziewe
12:05	1:05	2:05	3:05	Out-of-Body Experience/Astral Projection
pm	pm	pm	pm	and the Mind/Brain Question
				(20 minutes each; 20 minute Q&A)
46-	2.05	9.05	4.05	Jan Holden, EdD, LPC-S, ACMHP
1:05 pm	2:05 pm	3:05 pm`	4:05 pm	Closing Remarks and Adjournment
Pili	Pili	Pili	Pili	(10 minutes)
1:15	2:15	3:15	4:15	Adjourn
pm	pm	pm	pm	

#### PRESENTERS, SPEAKERS, PANELISTS & MODERATORS



Eben Alexander, MD, was an academic neurosurgeon for over 25 years, including 15 years at the Brigham & Women's Hospital, Children's Hospital, and Harvard Medical School in Boston. In 2008, during a week-long coma from an inexplicable brain infection, he experienced a transcendental near-death experience (NDE) that completely transformed his worldview. His medical case and recovery were validated in the peer-reviewed <u>Journal of Nervous and Mental Disease</u>. Since his NDE, Dr. Alexander has been reconciling his rich spiritual experience with quantum physics, cosmology, and the philosophy of mind. Dr. Alexander speaks around the world to educate about the role that consciousness plays in wellness, healing, and recovery. He has been featured in more than 400 media interviews, and his publications include three books: the New York Times #1 bestseller <u>Proof of Heaven</u>, <u>The Map of Heaven</u>, and <u>Living</u> in a Mindful Universe. His website is http://ebenalexander.com.



Julie Beischel, PhD, is Director of Research at the Windbridge Research Center. She received her PhD in Pharmacology and Toxicology with a minor in Microbiology and Immunology and uses her interdisciplinary training to apply the scientific method to controversial topics. Since 2003, Dr. Beischel has been performing research with mediums: individuals who experience communication with the deceased and who regularly, reliably, and on-demand report the specific resulting messages to the living. Dr. Beischel has published peerreviewed journal articles and anthology chapters discussing mediums' accuracy, psychology, physiology, and experiences as well as the potential therapeutic application of mediumship readings during bereavement. Her research interests also include spontaneous, facilitated, and requested afterdeath communication experiences. She is the author of Investigating Mediums (2015). In 2021, Dr. Beischel received a runner-up prize in the Bigelow Institute for Consciousness Studies (BICS) Essay Contest for her submission "Beyond Reasonable: Scientific Evidence for Survival." Her website is www.JulieBPhD.com.



Tony Cicoria, MD, PhD, is a semi-retired, board-certified orthopedic surgeon with a BS in Biology from The Citadel; MD, PhD from the Medical University of South Carolina; and Orthopedic Training at the University of Virginia. In 1994, Dr. Cicoria was struck by lightning with presumed cardiac arrest and accompanying near-death experience. Immediately afterwards, he developed an insatiable desire to hear and to play the piano. Original compositions began coming to him. Dr. Cicoria was featured in the *New Yorker Magazine* article "A Bolt from the Blue" by Oliver Sacks, MD, as well as in Dr. Sacks's book *Musicophilia: Tales of Music and the Brain*. Tony has given numerous recitals, including his public debut at the Goodrich Theater in Oneonta, New York, which was recorded live by the BBC-1, Granada Media UK, and German National Television. He has been profiled in numerous magazines, documentaries, and television presentations.





Callum E. Cooper, PhD, FHEA, CPsychol, PGCAP, is a senior lecturer in psychology at the University of Northampton, UK. Within the psychology curriculum, he is the 3<sup>rd</sup> year module coordinator for 'parapsychology & anomalous experiences' and is supervising seven PhD students with a focus on parapsychological topics. His affiliations include Council Member of the Society for Psychical Research, Professional Member of the Parapsychological Association, and Chartered Member of the British Psychological Society. He is author and editor of four books, including <u>Telephone Calls from the Dead</u> and *Paracoustics*. His website is www.callumecooper.com.



Bruce Greyson, MD, is Professor Emeritus of Psychiatry and Neurobehavioral Sciences at the University of Virginia. He was a co-founder and President of the International Association for Near-Death Studies (IANDS) and Editor of its peerreviewed Journal of Near-Death Studies. Dr. Greyson has published more than 100 scholarly articles about near-death experiences and has addressed more than 100 professional conferences, including a symposium on consciousness at the United Nations and a dialogue between Western scientists and Buddhist monks in India convened by His Holiness the Dalai Lama. Dr. Greyson is the co-author of Irreducible Mind: Toward a Psychology for the 21st Century and coeditor of The Near-Death Experience: Problems, Prospects, Perspectives and of The Handbook of Near-Death Experiences: Thirty Years of Investigation. His 2021 book, After: A Doctor Explores What Near-Death Experiences Reveal about Life and Beyond, is his first trade book bringing his scientific research to a popular audience.



Suzanne Giesemann, MPA, CDR, USN (Ret.), is a spiritual teacher recognized on the Watkins 2022 list of the *100 Most Spiritually Influential Living People in the World*. A former Navy Commander and aide to the Chairman of the Joint Chiefs, she is a member of the visionary Evolutionary Leaders Circle. Suzanne has published 13 books, 6 Hemi-Sync recordings, and YouTube videos reaching millions of viewers. She produces the *Daily Way* inspirational messages and hosts the weekly *Messages of Hope* radio show. She leads classes, workshops, and retreats and serves as faculty with The Shift Network and Humanity's Team. Suzanne shares The Awakened Way™, a path to living a consciously connected and divinely guided life, and created the BLESS ME⊚ method of connecting to Higher Consciousness. Her gift of multidimensional communication has been verified by noted afterlife researchers. Her messages bring not only hope but also healing and love that go straight to the heart.





Janice Miner Holden, EdD, LPC-S, ACMHP, spent 31 years on the University of North Texas (UNT) Counseling Program faculty and retired in 2019 as Professor Emerita of Counseling. Beginning in 1988 with her doctoral dissertation, her primary research focus has been counseling implications of near-death and related experiences. Her scholarship includes over 50 refereed journal publications; several chapter and book publications, including lead editorship of the 2009 *Handbook of Near-Death Experiences* and co-editorship of the 2017 book *Connecting Soul, Spirit, Mind, and Body;* and over 100 national and international presentations. Among Dr. Holden's numerous recognitions are the 2015 American Counseling Association's Gilbert and Kathleen Wrenn Award for a Humanitarian and Caring Person and the 2019 UNT Eminent Faculty Award, one of the university's highest honors. Since 2008 she has served as editor-inchief of the International Association for Near-Death Studies's scholarly *Journal of Near-Death Studies*, and she serves currently as that association's President. Her website is www.janholden.com.



Bernardo Kastrup, PhD (philosophy [ontology, philosophy of mind]), PhD (computer engineering [reconfigurable computing, artificial intelligence]), is the executive director of Essentia Foundation. His work has been leading the modern renaissance of metaphysical idealism, the notion that reality is essentially mental. As a scientist, Bernardo has worked for the European Organization for Nuclear Research (CERN) and the Philips Research Laboratories—where the 'Casimir Effect' of Quantum Field Theory was discovered. Formulated in detail in many academic papers and books, his ideas have been featured on *Scientific American*, the *Institute of Art and Ideas*, the *Blog of the American Philosophical Association*, and *Big Think*, among others. His website is https://www.bernardokastrup.com/p/media.html.

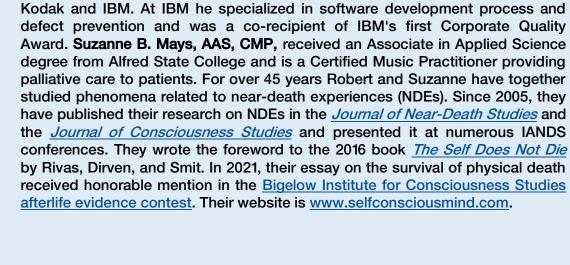


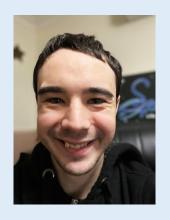
Graham Maxey, MA, MDiv, LPC, is a Licensed Professional Counselor in Texas and an ordained minister in the Christian Church (Disciples of Christ). His psychotherapy practice with his wife, Shannon Maxey, psychic medium, is *Inquire Within* Counseling and Development Center in Arlington, Texas, where they specialize in using after-death communication in grief resolution. Since 2011, Graham has been the Clinical Director for the Center for Grief and Traumatic Loss in Libertyville, Illinois, the administrative and training entity for <a href="Induced After-Death Communication Therapy">Induced After-Death Communication Therapy</a> (IADC) developed by Allan Botkin, PsyD. As a Clinical Educator for Humana Behavioral Health, Graham has produced programming on healthy grieving for Humana's 39 Medicare Learning Centers across the US as well as Humana's nursing and therapist employees. He was a featured presenter at the 2015 International Association for Near-Death Studies conference, and he has trained therapists in IADC at the Milton Erickson Institute in Heidelberg, Germany, and at the University of Turin in Turin, Italy.





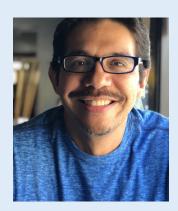






Darren McEnaney is 26 years old, living near Cambridge, England, UK, and pursuing a bachelor's degree in psychology with counseling at The Open University. At age 12, he developed a severe anxiety disorder, including fear of death as annihilation, which progressed to depression. Although his fear prevented him from suiciding, he saw no future beyond psychological suffering. Raised in a non-religious home but with some early Christian schooling, to answer life's big question he turned not to religion but to science. He discovered accounts of experiences that seemed to counter the scientific materialistic perspective, and he initially dismissed them—until he came upon veridical perception, in which experiencers accurately perceive things outside the reach of normal sensory and rational processes. Especially intrigued by cases verified by credible third parties, in 2018 Darren began the Seeking I project, an online platform to bring leading researchers and experiencers in the fields of anomalous consciousness studies to a wider audience. Although continually open to new information, Darren no longer sees death as a cessation of the self.

Robert G. Mays, BSc, received a Bachelor of Science degree in chemistry from MIT, and for more than 30 years he worked as a software engineer at Eastman



Luis Minero graduated with honors in Chemistry from Florida International University. Since a teenager, Luis has had paranormal and out-of-body experiences, and since the mid-90s he has been volunteering, giving classes, and helping people to develop their paranormal skills. He is author of the international bestseller *Demystifying the Out-of-Body Experience*. Because Luis speaks Portuguese, English, German, and Spanish, he has lectured throughout the Americas, Europe, and Australia. Likewise, he has published several of his studies in academic journals and has been invited to speak at many international congresses. He is a founding member of Mosaic Wellness & Education (<a href="https://www.MosaicWe.com">www.MosaicWe.com</a>), an organization offering events, classes, and workshops to help and empower individuals with knowledge about their multidimensional surroundings. Great emphasis is placed on the rational study and development of psychic and energetic abilities as a means of understanding the fabric of our many-planes reality and learning how to evolve, grow, and live better within it.





Michael Nahm, PhD, is biologist and parapsychologist at the Institute for Frontier Areas of Psychology and Mental Health (IGPP) in Freiburg, Germany. After studying biology, he initiated and conducted international research projects in forestry science. In parallel, he has been writing on various riddles of life and its evolution, including unsolved aspects of consciousness. In the field of near-death studies, he is best known for drawing attention to a largely neglected phenomenon he called "terminal lucidity": the unexpected return of mental clarity and memories shortly before death in people who had previously been mentally impaired. In 2018, he became research associate at the IGPP. His research interests include (a) unusual phenomena near death, (b) the links between parapsychology and unsolved riddles of biology, (c) reincarnation cases, and (d) hauntings and poltergeists. Michael has published four books and numerous articles on parapsychological matters. His website is www.michaelnahm.com.



William Peters, MEd, MFT, is a psychotherapist at the Family Therapy Institute in Santa Barbara, the founder of the Shared Crossing Project, and director of the Shared Crossing Research Initiative (SCRI). Recognized as a global leader in the field of shared death studies, he has spent decades studying the relationship between end-of-life experiences and grief and bereavement. William was a hospice worker with Zen Hospice Project in San Francisco. His two near-death experiences and various shared death experiences (SDEs) continue to inform his work. William's work has appeared in the <u>American Journal of Hospice and Palliative Medicine</u> and <u>Omega – Journal of Death and Dying</u> and was featured on CNN. His book <u>At Heaven's Door: What Shared Journeys to the Afterlife Teach about Dying Well and Living Better</u> is scheduled for release by Simon & Schuster on January 18th, 2022.



Bettina Peyton, MD. On March 24, 1988, Dr. Peyton was wheeled into the operating room to undergo what she knew would be a difficult and dangerous Cesarean delivery. In the middle of the operation, despite being under general anesthesia, she suddenly found herself wide awake and powerfully aware. Moments later, she witnessed herself having a cardiac arrest and was given a profound experience of absolute consciousness as the ultimate reality and essence of the human self. Returning to embodied awareness, she saw clearly how consciousness produces the brain and body. The experience radically changed her outlook and understanding. Dr. Peyton subsequently changed her medical career to focus on the care of the dying. A pioneering physician in Hospice and Palliative Medicine, she helped establish and direct one of the country's first free-standing inpatient hospices. Now retired, she devotes herself to family and to further developing her understanding of consciousness.





Noelle R. St. Germain-Sehr, PhD, LPC-S, NCC, BC-TMH, ACMHP, is a Clinical Assistant Professor and Clinical Experience Director in the Counseling Program at William & Mary, Having earned her doctorate in 2003, she has over 28 years of clinical experience. Noelle is a Licensed Professional Counselor Supervisor, a National Certified Counselor, and an ACISTE Certified Mental Health Professional trained to individuals with integrating assist transformative experiences. She has advanced training in transpersonal counseling, including Induced After-Death Communication (IADC®), and is Executive Director of The Center for Grief and Traumatic Loss and The International IADC® Board and an IADC® Trainer. With membership in 14 professional counseling organizations, Noelle has served on three editorial boards, is Secretary-Elect for the Southern Association for Counselor Education and Supervision (SACES), and is Co-Chair of the SACES Women's Interest Network. Her research focuses on improving mental health providers' effectiveness in addressing transpersonal issues and includes multiple publications and over 50 professional presentations.



Charles T. Tart, PhD, is Professor Emeritus at the Institute of Transpersonal Psychology and in Psychology at the University of California at Davis. He is internationally known for research with altered states, transpersonal psychology, and parapsychology. His dozen books include two now considered classics, Altered States of Consciousness and Transpersonal Psychologies. Two recent books, Waking Up and Living the Mindful Life, synthesized Buddhist, Sufi, and Gurdjieffian mindfulness training ideas with modern psychology. His 1997 Body Mind Spirit: Exploring the Parapsychology of Spirituality explored the scientific foundations of transpersonal psychology to show it is possible to be both a scientist and a spiritual seeker. His book The End of Materialism: How Evidence of the Paranormal is Bringing Science and Spirit Together (2009) is now available in paperback as The Secret Science of the Soul (2017). Helping the best of science and spirituality work together is the guiding theme behind his work. Full information is available at www.paradigm-sys.com.



Jim B. Tucker, MD, is the Bonner-Lowry Professor of Psychiatry and Neurobehavioral Sciences at the University of Virginia. He is Director of the UVA Division of Perceptual Studies, where he is continuing the work of lan Stevenson with children who report memories of previous lives. He is the author of <u>Before: Children's Memories of Previous Lives</u>, a new 2-in-1 edition of his books <u>Life Before Life</u> and <u>Return to Life</u>, which together have been translated into 20 languages. Dr. Tucker attended the University of North Carolina-Chapel Hill for both undergraduate studies and medical school, and he received his training in general psychiatry and child psychiatry at the University of Virginia. He joined the UVA faculty in 2000, and in addition to his research work, he served for nine years as the medical director of the Child and Family Psychiatry Clinic.





Marjorie Woollacott, PhD, is Professor Emerita, former chair of the Department of Human Physiology, and ongoing member of the Institute of Neuroscience at the University of Oregon. As a professor she taught courses in neuroscience and rehabilitation as well as complementary medicine and meditation. She is President of the Academy for the Advancement of Post-Materialist Sciences (AAPS) and Research Director for the International Association for Near-Death Studies (IANDS). Dr. Woollacott has received over 7.2 million dollars in funding for her research in child development, rehabilitation medicine, and, most recently, meditation, spiritual awakening, and end-of-life experiences. She has published more than 200 scientific articles and written or co-edited eight books. Her latest book, *Infinite Awareness* (2015)—winner of eight awards, including the 2017 Parapsychological Association Book Award, Eric Hoffer Book Award, and Nautilus Book Award—pairs her research as a neuroscientist with her self-revelations about the mind's spiritual power.



Jurgen Ziewe has been following a strict regime of meditation since 1969. An unexpected spiritually transformative experience in the early 1970s awakened his abilities to spontaneously project his consciousness out of his body into alternate realities whilst maintaining full waking awareness. Having spent hundreds of hours in these states, he chronicled his experiences in his books *Multidimensional Man* (2008) and *Vistas of Infinity* (2015). The vast variety and scope of his Astral journeys demonstrate fascinating similarities to many near-death experiencers' testimonies. He attributes his detailed documentation and extended hour-long journeys to his daily deep meditation practice. His book on meditation, *The Ten Minute Moment* (2013), has been published in French, and Spanish. So far, he has released some 70 videos, many that, based on his own experiences, answer specific questions about life after death. Working as a 3d commercial illustrator gave him the tools to illustrate and document his experiences photorealistically, including Virtual Reality, which enables people a first-person insight into these phenomena.

# THANK YOU TO OUR SPONSORS!

#### IANDS IS NEUTRAL AND RESPECTS DIVERSE OPINIONS

From the IANDS Board of Directors:

IANDS members from around the world have diverse views on many topics. As an organization, IANDS is neutral and does not align itself with any particular social, religious, or political ideology. We promote respectful dialogue.



